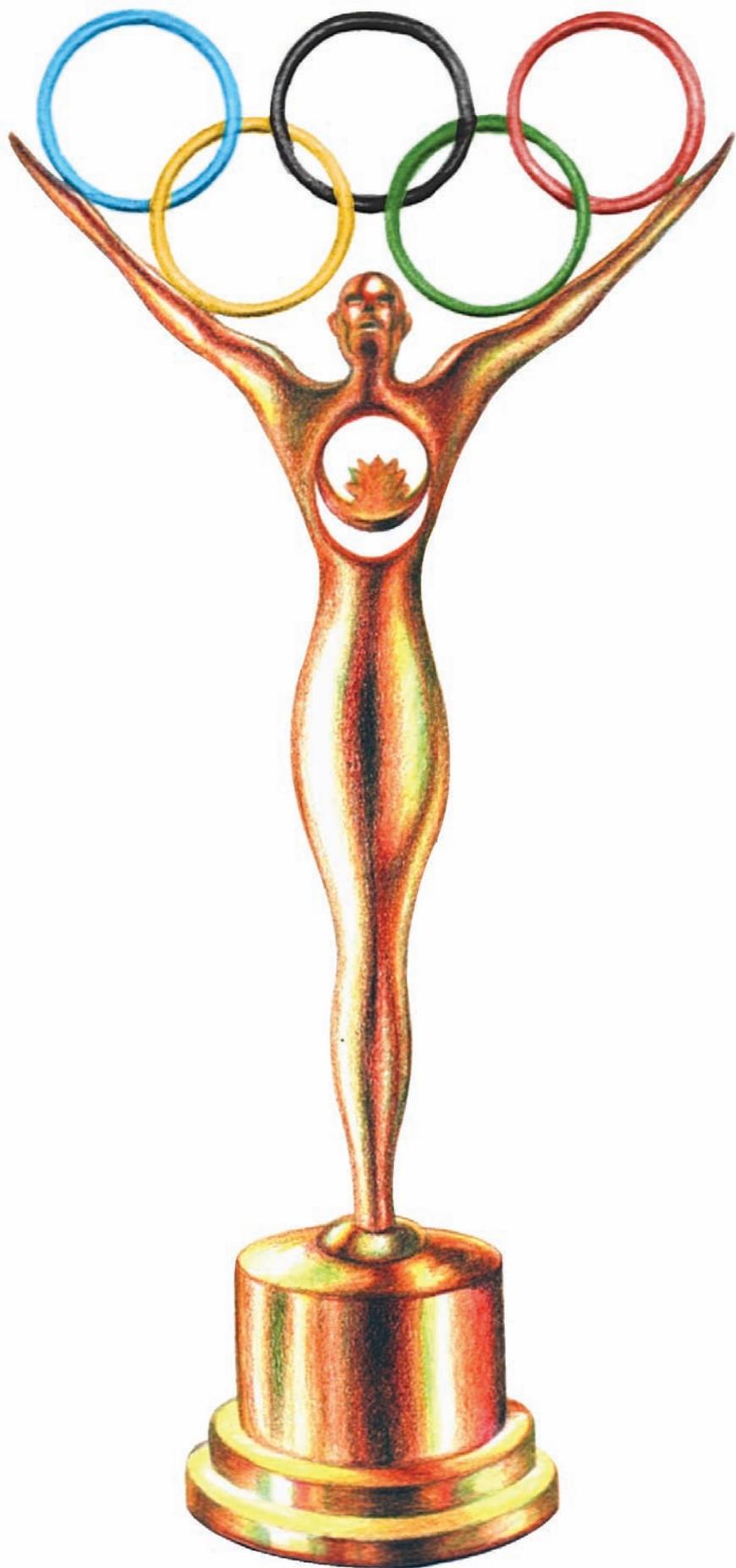


# NOC AWARD 2022



**JUNE 23, 2022**







## Message

It is very heartening to know that Nepal Olympic Committee has decided to honor the athletes and media personals for their outstanding achievements. This will truly encourage the winners and shall inspire to others as well. Nepal is preparing its athletes to participate in upcoming games domestically the National games and internationally the 19th Asian Games and also looking forward for the 10th South Asian Games. Nepal Government is fully committed to participate in these games and looking forward for the better performance of Nepalese Athletes.

Awards are always a gesture of honoring the excellence, hard work and the determination.

I deeply appreciate the move made by Nepal Olympic Committee under the dynamic Leadership of President Honorable Jeevan Ram Shrestha.

It is my immense pleasure to extend my heartfelt Congratulation to all the winners of NOC Award 2022.

Thank you

A handwritten signature in black ink, appearing to read 'Maheshwar Jung Gahatraj'. The signature is stylized and includes a horizontal line underneath.

Maheshwar Jung Gahatraj (Athak)  
Minister  
Youth and Sports Ministry



## Message

I am immensely pleased to know that Nepal Olympic Committee is creating history by organizing NOC Award 2022.

This is an amazing gesture by the Nepal Olympic Committee to recognize the excellence of sports fraternity who have put their mind and heart to it. The award will encourage the recipient and it will be an inspiration to other athletes. With every success there is always someone behind him or her. They are beside family, the Coaches who play a pivotal role, for which NOC is honoring them and I deeply appreciate it.

Nepal Olympic Committee as always is very active under the dynamic leadership of its President Hon'ble Jeevan Ram Shrestha who is striving to develop the sports and sportsmen in Nepal.

Olympic Council of Asia applauds Nepal Olympic Committee family for their efforts for better future of sports in Nepal.

Lastly, I would like to thank President NOC Nepal and his team for this great initiative and I would like to take this opportunity to extend my heartfelt congratulations to all the winners and wish them a bright future.

Ever Onward.  
Thank you

Raja Randhir Singh  
Acting President, OCA



## Message

June 23 is the day of the birth of the Modern Olympic Movement so it is always a special occasion to all the sports fraternity of the globe, Olympic Family and celebrated as Olympic Day all over the world. But this year's Olympic Day is even more special than usual to us as the creation of the NOC Award 2022.

It is our great privilege that during the Olympic Day, we start to host the NOC Sports Award 2022 and we assure you that the award will be organized annually on 23 June. It's a significant step to honor Athletes, Coaches, Associations and Journalists for their outstanding contribution to extend the Olympic Movement and the promotion of the sports in Nepal. We believe that the sports awards will be one of the motivating factors for youth to practice any sports in their life.

On behalf of the Nepal Olympic Committee and myself, I would like to congratulate all the candidates of various categories of Award, whoever will be selected for the best among the candidates for us all of them are best in their respective disciplines.

I would like to express my sincere gratitude to Mr. Gopal Sunder Lal Kakshapati and his team for their tireless effort to make this happen a great success. And also our thanks goes to the Judge's panel for their fair decision relating to the awards.

A handwritten signature in black ink, appearing to read 'Jeevan Ram Shrestha'.

Jeevan Ram Shrestha  
President



## Message

Esteemed friends, colleagues and volunteers of Nepal Olympic Committee

It indeed is a matter of great pride that we at the South Asian countries are celebrating the Olympic Day 2022 in best fashion and our friends at NOC Nepal have opted to honor heroic sportsmen with awards at this prestigious Day of the Olympic Movement.

It always is a great delight to see people all across from various sections of society in particular children and youngsters participating in Olympic Day. The aim is to invest into and benefit from the educational value of sports and sports as a tool of education combined.

On this Olympic Day 2022, we wish to highlight remarkable contributions that the Olympic Movement led to resonate the message of resilience and what benefit we achieve through harmony and peace. The Olympic Motto of Faster, Higher, Stronger – TOGETHER resonates that together the world is capable of overcoming all challenges. It was Tokyo 2020 overcoming the challenges posed by Covid 19. The Beijing 2022 was the other global activity that brought people from almost all the countries of the world together to celebrate the Olympic Values and indeed these two global events passed the hurdles in a collective passion.

On this Olympic Day, we cherish the dreams of Pierre de Coubertin, father of Modern Olympics, who laid the principles of Olympism all along his life. On June 23<sup>rd</sup>, 1948 the stage of Modern Olympic Games was all set and today we enjoy the pinnacle of the Olympic Games. Coubertin once stressed that **“The progress of this spirit from nation to nation has been slow but sure. It remains now for its influence to spread even to the spectators, until we reach the point where, on all sporting occasions and all the more so at the Olympic Games, all national preferences are disregarded and the applause is directed in proportion to the feat accomplished and exclusively so. A truce must be called to all exclusively nationalistic sentiments: they must be as it were ‘temporarily dismissed’”**

As on today we reiterate the vision and mission of Coubertin and pay tribute to him for his valuable work.

I wish the NOC Nepal the very best in its future endeavors and look forward to its programs celebrating the Olympic Day 2022.

A handwritten signature in black ink, appearing to read 'Arif Hasan'.

Lt Gen Syed Arif Hasan (Retd)  
President SAOC / NOC Pakistan



## Message

I am pleased to wish all the Nepalese a Happy International Olympic Day 2022. The journey of sports is not easy for all the sports associations, clubs, organizations, journalists, players. Their hard work and dedication is highly commendable and praise worthy. Let us acknowledge all of them for their tireless work and help them continue their valuable works. Let us also strengthen the relevance of sports in the society as it not only helps the sense of togetherness but also helps in healthy lifestyle. Let us help bring the sportsman spirit within us.

This kind of award giving will help to motivate youths in participating in more tournaments and showcase their talents. I would like to applaud for all the participants of this award and special congratulation to all the winners. On behalf of National Sports Council and of my own, I would like to thank Nepal Olympic Committee and the team for organizing and encouraging the athletes. National Sports Council assures to support such programs for the betterment of athletes bright future.

Together let's cherish this day and make this a memorable one.

#moveforpeace

A handwritten signature in black ink, appearing to be 'Tanka Lal Ghising', written over a set of horizontal lines.

Tanka Lal Ghising  
Member Secretary  
National Sports Council



## Message

It is indeed a matter of great pleasure for me to express a few words in relation to the NOC Award 2022. It is the first time in the history of the NOC that the NOC award has been established. This award will be annually offered to the Sports Personalities and Sports Organization who have gained great achievement & honor in various events of sports.

Through the NOC award this year we are honoring best athletes ( Male & Female), best Coaches (Male & Female) , best Association and best Media for their outstanding contribution in Nepalese Sports.

We are sure that it will encourage all the sports fraternity to be best in their respective fields following the true spirit of sportsmanship. We are very excited that most of our member federations and Media organizations send their nominations for the award. It is a great inspiration to us to host these kinds of programs in the coming days. It is also continuation to attract the best athletes in sports which is one of the recommendations of Olympic Agenda 2020.

On behalf of the Nepal Olympic Committee, we would like to congratulate all the nominees and express sincere gratitude to the Panel of Judges & NOC Award Committee for their hard work.

Last but not least, we thank all the supporting partner for their kind assistance to make this event happen. We heartily welcome other business houses to be a part of the NOC Award in near future for the good cause.

A handwritten signature in black ink, which appears to read 'Nilendra Raj Shrestha'.

Nilendra Raj Shrestha,  
Secretary General, NOC



## Message

June 23rd is a very special day for all the sports fraternity of the world. This day is celebrated worldwide with various programs for multiple days with different activities to spread Olympic Movements. In Nepal, we have been celebrating Olympic Day from a long time with different Olympic awareness programs.

This year also NOC Nepal has organized many events in all the provinces and from this year we have decided to celebrate June 23rd with a Grand Award Ceremony to acknowledge the hard work and achievements of sports persons.

The award will be provided to Best Athletes Male, Female and for the Best Coach Male and Female; we have also decided to appreciate the work of Journalist in highlighting the hard work of Athletes, Coaches and Association. The award will be provided to best Visual media, Best Sports Photo Journalist, Best Journalist in Print and Best Journalist in Multi-Media. We are also awarding the best National Federation affiliated with NOC, Nepal. The NOC Award is going to be a yearly event from now with more excellent additions. I am sure that this kind of honor will definitely motivate the concerned sports persons to be more involved in Olympic Activities. In my view the NOC Award 2022 will be one of the best Sports Award ceremonies in the history of Nepali sports, as this is the best ever designed trophy and we are also providing great prize money to the winners.

I would like to extend my sincere gratitude and huge congratulations to all the nominees and award winners. I would also like to heartily thank the NOC Nepal Award Ceremony Team for their untiring efforts and contribution to make this event a grand success and a memorable one.

A handwritten signature in black ink, appearing to read 'C. N. Vaidya' with a flourish underneath.

Chaturananda Raj Vaidya  
Vice President and Executive Director, NOC



## Message

It is my immense pleasure and honor to chair the committee of first ever “NOC Award 2022”. Nepal Olympic Committee will be awarding the best athletes, coaches, association and the media personnel’s for this year. Such a prestigious award program will definitely encourage the entire sports fraternity and the media personnel’s to further enhance the development of sports in Nepal. I would like to highlight that this award ceremony is also being held to celebrate the International Olympic Day 2022!

This award of Nepal Olympic Committee will honor the winners for the hard work in their respective areas. I am confident that this award will boost their morale, motivate them in further excelling their performances, to and be able to achieve bigger goals. This award is contested among the member associations, and will be presented hosted every year. The winners will receive a trophy design by renowned sculpture artist of Nepal Mr. Bijaya Maharjan along with the cash prize of Fifty Thousand Rupees.

There are nine judges from different walk of life interrelated with the sports and media. The chief judge is Mr. Binaya Raj Pandey, a renowned personality in sports industry of Nepal. The other judges in the panel are also prominent sports and media personalities, who are Mr. Gopal Chitrakar, Gopal Basnyat, Dr. Mahendra Bista, Durga Prasad Subedi, Geeta Thapa, Rita Bista, Ashrayata Karki Chaudhary and Mr. Praja Shrestha.

I would like to acknowledge and appreciate our sponsor Daraz for their kind contribution to help us succeed in our first award ceremony. I would like to take this opportunity to thank The President Hon’ble Jeevan Ram Shrestha, for entrusting me along with his guidance. Furthermore, I would like to extend my gratitude to Secretary General Mr. Nilendra Shrestha, and Vice president and Executive Director Mr. Chaturananda Raj Vaidya for their support to the entire NOC team, particularly Mr. Ayush Joshi for his impactful involvement.

A handwritten signature in black ink, appearing to be 'Gopal Sunder Lal Kakshapati'.

Gopal Sunder Lal Kakshapati,  
Chair, NOC Award Committee  
and Board member, NOC

## **HISTORY OF NEPAL OLYMPIC COMMITTEE**

In accordance to the Olympic Charter, National Olympic Committee had to register five National Associations to be a member of International Olympic Committee (IOC). Out of the five, three must be Olympic disciplines. Therefore Nepal Olympic Committee registered Nepal Amateur Athletics Association (NAAA), All Nepal Football Association (ANFA), Nepal Boxing Association, Nepal Badminton Association and All Nepal Table Tennis Association. Those days Badminton and Table Tennis were non-Olympic Sports. In 1963 Nepal Olympic Committee was affiliated with the International Olympic Committee (IOC) and joined in the Olympic Movement.

The first ad hoc Committee of the Nepal Olympic Committee was chaired by Late Prince Basundhara Bir Bikram Shah.

In 1998 the first time in the history of NOC Nepal, democratic election was held in the presence of Education Minister and International Observers (Raja Randhir Singh, Secretary General of OCA & Mr. Latif Butt, and Secretary General of Pakistan Olympic Committee). Late Mr. Rukma Shamsheer Rana and Mr. Dhruva Bahadur Pradhan were elected President and Secretary General of NOC Nepal respectively. Then afterwards in every four years the Elective General Assembly of Nepal Olympic Committee would be held in order to elect the new Executive Board of the Nepal Olympic Committee.

Current President and Secretary General of NOC are Mr. Jeevan Ram Shrestha & Mr. Nilendra Raj Shrestha. They have been duly elected on Elective General Assembly of NOC Nepal held on September 6, 2019.

27 National Sports Associations are the members associations of Nepal Olympic Committee. In which 24 are the Olympic Sports Association and 3 are Non-Olympic sports association.

## MEMBER ASSOCIATIONS OF NEPAL OLYMPIC COMMITTEE

- |  |                                  |                                       |
|--|----------------------------------|---------------------------------------|
| 1 Nepal Athletics Association          | 10 Nepal Handball Association    | 19 Nepal Shooting Association         |
| 2 Nepal Archery Association            | 11 Nepal Gymnastics Association  | 20 All Nepal Tennis Association       |
| 3 Nepal Badminton Association          | 12 Nepal Golf Association        | 21 All Nepal Table Tennis Association |
| 4 Nepal Basketball Association         | 13 Nepal Hockey Association      | 22 Nepal Triathlon Association        |
| 5 Nepal Boxing Association             | 14 Nepal Judo Association        | 23 Nepal Volleyball Association       |
| 6 Nepal Canoeing & Rafting Association | 15 Nepal Karate Federation       | 24 Nepal Taekwondo Association        |
| 7 Nepal Cycling Association            | 16 All Nepal Kabaddi Association | 25 Nepal Weightlifting Association    |
| 8 All Nepal Football Association       | 17 Nepal Ski Association         | 26 Nepal Wrestling Association        |
| 9 Nepal Fencing Association            | 18 Nepal Swimming Association    | 27 Nepal Wushu Association            |



### Mission of NOC Nepal

The mission of the NOCs is to develop promote and protect the Olympic Movement in their respective countries, in accordance with the Olympic Games.



## Nepal Olympic Committee Executive Board (2019-2023)



### Top: Left to Right (Standing)

**Mr. Dirga Bahadur K.C**  
Member

**Mr. Hom Bahadur Dong**  
Member

**Mr. Tashi Ghale**  
Member

**Mr. Ramji Bahadur Hona Shrestha**  
Secretary

**Mr. Gopal Sundar Lal Kaksapati**  
Member

**Mr. Prakash Sjb Rana**  
Member

**Mr. Deepak Harsa Bajracharya**  
Secretary

**Mr. Ramesh Prasad Siwakoti**  
Member

**Mr. Ram Awale**  
Member

### Bottom: Left to Right (Sitting)

**Mr. Pitamber Timsina**  
Deputy Secretary General

**Mr. Sunil Kumar Shrestha**  
Vice-President

**Mr. Chaturananda Rajvaidya**  
Vice-President, Executive Director

**Mr. Ashok Ratna Bajracharya**  
Vice-President

**Ms. Jyoti Rana**  
Vice-President

**Mr. Jeevan Ram Shrestha**  
President

**Ms. Tulsi Thapa**  
Secretary

**Mr. Nilendra Raj Shrestha**  
Secretary General

**Mr. Tej Bahadur Gurung**  
Vice-President

**Mr. Ratan Kumar Tandon**  
Treasurer

## PAST PRESIDENTS OF NEPAL OLYMPIC COMMITTEE

Late Rukma Samsher Rana  
Honorary Dhruva Bahadur Pradhan

## NEPAL OLYMPIC ADVISORS

Mr. Lok Bhakta Rana  
Mr. Sarat Singh Bhandari  
Mr. Purshottam Paudel

## COMMISSIONS

### SPORTS PSYCHOLOGY COMMISSION

#### Chairperson

Mr. Indra Grurung

#### Members

Mr. Basanta Thakali  
Dr. Ramkrishna Maharjan  
Mr. Nirakarman Singh Regmi  
Mr. Deepak Kunwar

### INFORMATION AND STATISTICS COMMISSION

#### Chairperson

Mohan Nepal

#### Members

Chandananda Rajvaidya  
Dipak Thapa  
Rita Adhikari  
Shanta Maya Pariyar  
Himesh Ratna Bajracharya  
Riju Silwal  
Suraj Dangol  
Gopal Basnet  
Harihar Shrestha  
Ujjwol Pradhananga

### SPORTS AND ENVIRONMENT COMMISSION

#### Chairperson

Mr. Goverdhan Shrestha

#### Secretary

Ms. Dolma Lama Shaha

#### Member

Dr. Sanjay Bikra Shrestha  
Mr. Sagun Rana  
Mr. Chandeshornanda Rajvaidya  
Mr. Shanker Gautam  
Mr. Pradeep Rajbhandari  
Mr. Dharma Man Bajracharya  
Mr. Pritesh Shrestha  
Ms. Gita Shaha

### PEACE THROUGH SPORTS COMMISSION

#### Chairperson

Ramesh Maharjan

#### Secretary

Anju Bhattarai

#### Members

Chandra Prakash Gharti  
Krishala Ghising  
Nayana Shakya  
Yubraj Sunwar  
Samir Bahadur Singha  
Upendra Thapa  
Ritu Gyamdan  
Surya Bahadur Joshi  
Gyanendra Maharjan  
Sushma Rajbhandari

### MEDICAL COMMISSION

#### Chairperson

Dr. Saroj Krishna Shrestha

**Members**

Dr. Roji Shrestha  
 Dr. Suman Rawal  
 Dr. Shankar Pratap Singh  
 Dr. Padam Bahadur Khadka  
 Dr. Nabees Man Singh Pradhan  
 Dr. Manoj Man Shrestha  
 Dr. Raju Dangol  
 Dr. Suprit Raj Shrestha  
 Dr. Bishwas Pradhan

**WOMEN AND SPORT COMMISSION****Chairperson**

Ms. Jyoti Rana

**Secretary**

Ms. Bimala Paudel

**Member**

Ms. Helga Rana Rayamaji  
 Ms. Nanda Bashyal  
 Ms. Pramila Singh Shrestha  
 Ms. Pratima Shaha  
 Ms. Renuka Sitaula  
 Ms. Suda Shakya  
 Ms. Sunkeshari Mali  
 Ms. Prema Dolma Lama Shrestha  
 Ms. Geeta Shrestha

**SPORTS FOR ALL COMMISSION****Chairperson**

Bishnu Gopal Shrestha

**Members**

Rajesh Khadka  
 Ramesh Kumar Shrestha  
 Mukunda Raj Sharma  
 Dharendra Pradhan  
 Rajesh Shrestha  
 Pooja Shahi  
 Ranjana Pradhan  
 Bhojraj Sitaula  
 Bajranga Shahi  
 Rajan Shrestha

**MARKETING AND SPONSOR COMMISSION****Chairperson**

Gopal Sunder Lal Kakshapati

**Members**

Gajendra Bohra  
 Indira Gurung  
 Jitendra Shrestha  
 Prakash Samsher Rana  
 Pratiksha Giri  
 Sanjeeb Tuladhar  
 Silu Shrestha  
 Tashi Ghale  
 Tajendra Singh Mahara  
 Nabin Bikram Shah

**CULTURE COMMISSION****Chairperson**

Ramji Bahadur Shrestha

**Members**

Anju Dawadi  
 Hema Manandhar  
 Naresh Vaidya  
 Nitu Dangol  
 Purna Kajee Jyapu  
 Rajendra Neupane  
 Sandhya Shakya  
 Sujita Manandhar  
 Surendra Shrestha  
 Binda Paudel

**NATIONAL OLYMPIC ACADEMY****Chairperson**

Mr. Dhruva Bahadur Pradhan

**Members**

Mr. Umesh Lal Shrestha  
 Mr. Ramesh Khanal  
 Mr. Chitiz Arun Shrestha  
 Ms. Pratiba Joshi  
 Ms. Pramila Singh  
 Ms. Sneha Rajya Laxmi Rana  
 Mr. Sundar Khanal

**Director**

Mr. Sujan Lal Shrestha

## PROFILE OF PANEL OF JUDGES



### MR. BINAYA RAJ PANDEY

A senior Sports person serving in various sports institute like Executive Member of Nepal Olympic Committee, Judo Association, Nepal Golf Foundation, Table Tennis Association. He has a big passion in cricket and has played a key role in developing cricket in Nepal. He is a life time member in CAN and served in Nepal Cricket Association for more than 4 decades holding different positions. He has also served in Asian Cricket Council and International Cricket Council.



### MR. GOPAL CHITRAKAR

Vice Chancellor: Government of Nepal, Nepal Academy of Fine Arts.  
Since 2019 till present.

He holds different positions in the past as General Manager in Gorkhapatra Sansthan, Lecturer in RR Campus and Nepal Press Institute and was involved in Radio Nepal, Nepal Television, Annapurna Post.

His Publications are:

1. Royal Massacre (Narayanhit Massacre)
2. People Power (Popular Movement 1990)
3. Nepal ma Photography (History of Nepali Photography)



### MR. GOPAL BASNYAT

Mr. Gopal Basnyat is a Senior Journalist and has produced various sports programs in Radio Nepal, Nepal Television. He has published numbers of articles in sports, economy and business in Nepal, India and Germany. He has served as the News Editor and Anchor in news department of Radio Nepal, Past President of South Asian Sports Journalists Federation and Nepal Sports Journalist Association.



### DR. MAHENDRA BISTA, PHD

Dr. Mahendra Bista, PhD is associated in Image Channel Television as a Chief Executive Officer. He has also served as the chairman of Nepal Television, Lokpatra Daily, Matribhoomi Weekly. A veteran Journalist has published a book Nepalma Press Swatantrata and has contributed in many Educational Institutes. He has been awarded by many prestigious awards. He is the former President of Federation of Nepal Journalist and has served in many other organization.

## PROFILE OF PANEL OF JUDGES



**MR. DURGA NATH SUBEDI**

Mr. Durga Nath Subedi is the President of National Sports Journalist Forum. He is a cricket umpire and also does commentary in both English and Nepali language for football and cricket.



**MS. GEETA KSHETRI SHAH**

Ms. Geeta Kshetri Shah is the former National Table Tennis player bagging Gold medals in 1st Table Tennis South Asian Games. She holds many other prestigious medals in Table Tennis in National and International Games.



**MS. RITA BISTA**

Ms. Rita Bista is a Badminton National Player winner as Nepal's No.1 for three years 2031, 2032, 2034 BS. She has won much other championship in mix doubles 7 times and Triple Crown winning 2031. She is also into Garment Business.



**MS. ASHRAYATA KARKI CHAUDHARY**

Ms. Ashrayata Karki Chaudhary is a Chairperson of Nepal Sports and Events Management (NSEM) which pioneers the Nepal Super league as the first professional franchise-based football league in Nepal. She is the executive director of Pangaea Pvt. Ltd (Fabindia Nepal), She is Board member of Chaudhary Foundation and also involved in South Asian Women's Development form and Confederation of Industries (CNI) Women Leadership Forum.



**MR. PRAJA KUMAR RAJBHANDARI**

Mr. Praja Kumar Rajbhandari is the former goalkeeper in Shankata, RCT, Annapurna club and National Team. Besides being a Sports Personal, he is a business man owning a restaurant and also a property developers. He is now involved in Politics.

## WINNERS OF NOC AWARD 2022



**NOC Best Journalist in Print**  
Mr. Raju Ghising



**NOC Best Journalist in Multi-Media**  
Mr. Nirajan Rajbanshi



**NOC Best Sports Photo Journalist**  
Mr. Rajendra Chitrakar



**NOC Best Visual Media**  
Ms. Sabina Karki



**NOC Best Athlete Male**  
Prince Dahal  
Badminton



**NOC Best Athletes Female**  
Gaurika Singh  
Swimming



**NOC Best Coach Male**  
Deepak Magar  
Golf



**NOC Best Coach Female**  
Ms. Sangina Baidhya  
Taekwondo



**NOC Best Association**  
Nepal Taekwondo Association

# CANDIDATES FOR NOC AWARD 2022

## JOURNALIST

SN	Photo Journalist	Visual Media
1	Gyanendra Karki	Laxmi Karki (Priya Laxmi)
2	Satyan Shrestha	Nilam Maharjan
3	Sunita Dangol	Jeet Bahadur Saud
4	Kaushal Adhikari	Sabina Karki
5	Hemanta Shrestha	
6	Hariss Jung Chhetri	
7	Rajendra Chitrakar	
8	Udip Singh Chhetri	
9	Sajan Kumar Sharma	
10	Sudarshan Ranjit	

SN	Journalist Print	Journalist in Multimedia
1	Suman Chapagain	Him Bikram vvKC
2	Prajeet Shakya	Niranjana Rajbanshi
3	Raju Ghising	Sujan Shrestha
4	Shreelochan rajopadhyaya	Mukti Babu Regmi
5	Kabirash Sharma	Mukunda Ghimire
6		Keshav Pathak

## BEST COACH MALE

Sno.	Name	Association
1	Mohan Das Basukala	All Nepal Table Tennis Association
2	Tika Prasad Limbu	Nepal Taekwondo Association
3	Deepak Magar	Nepal Golf Association
4	Basanta Thakali	Nepal Archery Association
5	Surya Bhushan Bajracharya	Nepal Tennis Association
6	Prakash Thapa Magar	Nepal Boxing Association
7	Upendra Thapa	Nepal Shooting Association
8	Abhishek Karki	Nepal Fencing Association
9	Ram Prasad Gurung	Nepal Ski Association
10	Jeevan Gautam	Nepal Weightlifting Association
11	Puspa Ratna Bajracharya	Nepal Triathlon Association
12	Nim Bahadur Magar	Nepal Rafting and Connoeing Association
13	Shanker Karki	Nepal Swimming Association
14	Rajeshor Man Stapit	Nepal Gymnastic Association
15	Bal Gopal Maharjan	All Nepal Football Association
16	Surya Narayan Shrestha	Nepal Judo Association
17	Bishnu Datt Bhatt	All Nepal Kabaddi Association
18	Prakash Bahadur Lama	Nepal Wushu Federation
19	Dharam Raj Yadav	Nepal Wrestling Association

**BEST COACH FEMALE**

Sno.	Name	Association
1	Sakuntala Shrestha	Nepal Shooting Association
2	Laxmi Ban	Nepal Weightlifting Association
3	Rekh Maya Gurung	Nepal Fencing Association
4	Sandhya Shakya	All Nepal Table Tennis Association
5	Sajani Manandhar	Nepal Gymnastic Association
6	Nayana Shakya	Nepal Swimming Association
7	Parbati Rai	All Nepal Kabbadi Association
8	Bhagwati Rana Magar	All Nepal Football Association
9	Renu Devi Konda	Nepal Tennis Association
10	Sangina Baidya	Nepal Taekwondo Association

**BEST ATHLETE MALE**

Sno.	Name	Association
1	Subash Tamang	Nepal Golf Association
2	Bhupendra Thapa	Nepal Boxing Association
3	Santoo Shrestha	All Nepal Table Tennis Association
4	Deepak Hamal	Nepal Wushu Federation
5	Sanatan Malla	Nepal Archery Association
6	Pradip Khadka	Nepal Tennis Association
7	Suraj Rana Magar	Nepal Cycling Association
8	Bipesh Khadka	Nepal Shooting Association
9	Mohan Rana	Nepal Rafting and Connoeing Association
10	Omkar Singh	Nepal Fencing Association
11	Sumir Kuar Shah	Nepal Wrestling Association
12	Nageshor Tharu	All Nepal Kabaddi Association
13	Satya Narayan Manandhar	Nepal Gymnastic Association
14	Binod Maharjan	Nepal Basketball Association
15	Saphal Ram Shrestha	Nepal Ski Association
16	Alexandeg Gadegaard Shah	Nepal Swimming Association
17	Himal Tamata	Nepal Traithlon Association
18	Kamal Bahadur Adhikari	Nepal Weightlifting Association
19	Kamal Shrestha	Nepal Taekwondo Association
20	Prince Dahal	Nepal Badminton Association
21	Kiran Kumar Limbu	All Nepal Football Association

**BEST ATHLETE FEMALE**

Sno.	Name	Association
1	Nabita Shrestha	All Nepal Table Tennis Association
2	Menuka Kumari Rajbanshi	All Nepal Kabbadi Association
3	Sushila Chand	Nepal Wrestling Association
4	Manita Shrestha Pradhan	Nepal Judo Association
5	Anusha Malla	Nepal Basketball Association
6	Pinky Jhang	Nepal Gymnastics Association
7	Sony Gurung	Nepal Triathlon Association
8	Tara Devi Pun	Nepal Weightlifting Association
9	Kashmira Shah	Nepal Golf Association
10	Sangita Lama	Nepal Ski Association
11	Mandira Thapa	Nepal Fencing Association
12	Shushmita Nepal	Nepal Shooting Association
13	Usha Khanal	Nepal Cycling Association
14	Punam Rawal	Nepal Boxing Association
15	Saloni Tamang	Nepal Tennis Association
16	Parsada Acharya	Nepal Archery Association
17	Rashila Maharjan	Nepal Badminton Association
18	Renuka Nagarkoti	All Nepal Football Association
19	Gaurika Singh	Nepal Swimming Association
20	Anu Adhikari	Nepal Karate Federation
21	Parbati Gurung	Nepal Taekwondo Association
22	Nima Gharti Magar	Nepal Wushu Federation

**BEST ASSOCIATION**

Sno.	Name
1	All Nepal Table Tennis Association
2	All Nepal Kabbadi Association
3	Nepal Wrestling Association
4	Nepal Basketball Association
5	Nepal Gymnastics Association
6	Nepal Triathlon Association
7	Nepal Weightlifting Association
8	Nepal Golf Association
9	Nepal Ski Association
10	Nepal Fencing Association
11	Nepal Shooting Association
12	Nepal Tennis Association
13	Nepal Archery Association
14	Nepal Swimming Association
15	Nepal Taekwondo Association

## TROPHY CREATOR



Sculptor Vijay Maharjan

### PROFILE

Born in Kathmandu, Nepal, I officially fell in love with the art world at the age of 16. I did my Intermediate, Bachelors and Masters in Fine Art from Lalit Kala Campus of Tribhuvan University. I worked in the National Museum of Nepal as a replica maker from 2007 and as an art teacher in Lincoln School for 3 years (2010-2013).

I have received various awards in life, major ones are “ Araniko Award “ which has equal importance as the nobel prize for artists in 2020, National Contemporary Sculpture Award by NAFA for the sculpture (Celestial Being) which has been bought by China’s Museum, Commercial Artist Association of Nepal Award, 1st prize in Monument Sculpture Design Award in 2007 organised by “Nepal- Japan”. Talking about my works, I have made numerous busts of famous people of Nepal and Live Demonstration of Sculpture making,

Life size statues of 8ft and 7ft of Late Ganesh Mann Singh, Lord Shiva, Green Tara and of mountaineer Tenzing Norge Sherpa which has been installed in Namche Bazar. I have become a part of different exhibitions happening inside and outside Nepal. Also, I have keen interest in interior design which I have done for the showrooms of different brands.





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